



## LABORATORY MEDICINE SERVICES

Head: Dr. Simona Francesca Grignani

### ARRIVE AT VIA PIOLTI DE' BIANCHI, 3

#### METHOD FOR URINE COLLECTION 24 HRS.

- The laboratory withdraws only samples collected in a suitable plastic container, wide-mouth, with a capacity of at least 2 liters, which can be purchased at any Pharmacy.
- **The day before you deliver the sample:** when you wake up, discard the first urine expelled that morning (start of collection).
- From that moment on, collect all the urine passed during the day, night, and in the morning the next day right after you wake up (end collection). Urinating directly in the container.
- During the day keep the urine collection container in a cool place.

**Note:** for a proper execution of the analysis one must collect **all the urine in the 24 hours.**

*Please be advised that all Lab exams in Casa di Cura IGEA  
are executed Monday through Saturday and have to be booked in advance,  
either by phone nr. 02.70142555 or by email at [prenotazioni@casadicuraigea.it](mailto:prenotazioni@casadicuraigea.it)*

➔ **Bring health card, social security number and identity card.**

CASA di CURA IGEA S.p.A.  
Il Responsabile del Laboratorio  
GRIGNANI Dott.ssa SIMONA FRANCESCA  
LABORATORY MEDICINE SERVICES  
(Dr. Simona Francesca Grignani)