



LABORATORY MEDICINE SERVICES

Head: Dr. Simona Francesca Grignani

ARRIVE AT VIA PIOLTI DE' BIANCHI, 3

METHOD OF COLLECTING URINE SAMPLE FOR UROCULTURE

- The collection of the urine has to be performed prior to or 7- 10 days after taking antibiotics or urinary disinfectants.
- Obtain a sterile container for the collection of urine at a pharmacy
- On the day of the collection as soon as you wake: wash your external genitals with water and soap or a disinfectant solution like Betadine (vaginal type is fine also for men).
Wash your hands thoroughly.
- Urinate, discarding the first spirt, which should be abundant.
- Open the sterile container at the last moment, collecting a small amount of urine and close the container immediately, without contaminating the interior part of the container with your hands.
- Deliver the sample to the clinic as soon as possible.
- It helps if the request for the exam is always made with the following wording: “Si richiede urinocoltura con eventuale carica batterica ed antibiogramma”

***Please be advised that this Lab exam in Casa di Cura IGEA
is executed Monday through Friday and
have to be booked in advance, either by phone nr. 02.70142555
or by email at prenotazioni@casadicuraigea.it***

➔ **Bring health card, social security number and identity card.**

CASA di CURA IGEA S.p.A.
Il Responsabile del Laboratorio
LABORATORY MEDICINE SERVICES
(Dr. Simona Francesca Grignani)