



DEPARTMENT OF UROLOGY MEDICALLY ASSISTED PROCREATION SERVICES

Head: Dr. Angelo Montemurro

GUIDELINES FOR THE COLLECTION OF SEMEN

- Undergo a period of sexual abstinence / ejaculation for 3 to 5 days prior.
- The collection **has to be carried out at your home**, providing the sample is delivered to the PMA services **within 45 minutes** of the collection.
- Collect the semen in a container for collection of biological material.
- Urinate before collecting semen.
- Proceed with masturbation in order to collect the semen.
- Deliver the semen sample with the attachment “patient declaration before the seminal fluid examination” duly filled out.
- Not having had a high fever in the month preceding the exam.
- Not having taken drugs in the month preceding the exam (except for medications that must be taken regularly, such as therapies for diabetes, hypertension, etc...).

➔ **Bring health card, social security number and identity card.**

***Please be advised that this Lab exam in Casa di Cura IGEA is executed
only on Tuesday and on Thursday and
have to be booked in advance, either by phone nr. 02.70142555
or by email at prenotazioni@casadicuraigea.it***

Casa di Cura Igea Spa
Dott. Angelo Montemurro
Procreazione Medicalmente Assistita di II Livello

MEDICALLY ASSISTED
PROCREATION SERVICES
(Dr. Angelo Montemurro)