

LABORATORY MEDICINE SERVICES

Head: Dr. Simona Francesca Grignani

ARRIVE AT VIA PIOLTI DE' BIANCHI, 3

METHOD OF COLLECTING STOOL SAMPLE FOR FECAL OCCULT BLOOD TEST

The container handed out by the staff of Casa di Cura Igea had been designed for the measurement of human emoglobin in the feces using a highly sensitive and automated procedure.

To collect the stool sample please follow the instructions below:

- Remove the green cap from the container by turning it 180°. The sampling rod for the feces is an extension of the cap;
- Dip only the knurled tip of the sampling rod in 3 or 4 different points, **without collecting an excessive amount of material**: only the knurled tip should be "dirtied" with fecal matter (please check graphical representation)
- Set the sampling rod back inside the container, align the cap with the container and then press them together until it clics;
- Vigorously shake the container several times from top to bottom.
- **The container has to be delivered without obvious contaminations with fecal matter**
- In the case of a multiple collections (eg. Collection of three samples in three different days) the containers should be stored in a fridge , up to a maximum of 5 days and then delivered all together: **it is very important to mark on every container the date of collection.**

Graphical representation



CAUTION:

- You no longer need a special diet, but are recommended slag rich foods (vegetables, fruits, whole grain bread ...);
- It is not advisable to run the test in conjunction with the menstrual period;
- Bleeding of the gums or nose do not constitute contraindications to the execution of the test;
- Samples with an excessive amount of material will not be considered suitable and should be repeated.

KEEP THE CONTAINER IN A PLACE OUT OF REACH OF CHILDREN AND HANDLE IT WITH CARE BECAUSE THE SAMPLE MAY BE CONTAMINATED WITH PATHOGENS.

*At Casa di Cura Igea you can make Laboratory Exams
from 07.30 to 10.00, without an appointment.*

➔ **Bring health card, social security number and identity card.**

CASA di CURA IGEA S.p.A.
Il Responsabile del Laboratorio
GRIGNANI SIMONA FRANCESCA
LABORATORY MEDICINE SERVICES
(Dr. Simona Francesca Grignani)